

# TRUE<sup>®</sup>

# COMPOSITE STRENGTH

## FULL BODY PRESS

C O M M E R C I A L



PREMIUM FITNESS EQUIPMENT SINCE 1981

## FULL BODY PRESS

Composite Motion<sup>®</sup> Technology provides the integration of functional exercises using controlled movement patterns for a safer and more effective workout experience. The Full Body Press engages a wide variety of muscle groups throughout the entire body all on one machine, during one workout session. Safely and accurately address areas such as: chest, shoulders, triceps, upper/lower back, core, lats, hips, glutes, quads, calves, and hamstrings. Strengthen each of these areas faster than ever before to achieve increased ability to complete physical demands of everyday tasks, athletic capabilities, and reduce the risk of injury.



## COMPOSITE STRENGTH FULL BODY PRESS

- Concurrent upper body pressing motion along with a lower body pressing motion
- Gas-assisted, adjustable shin pad accommodates a wide range of users
- Smooth motion allows users to control and safely execute each exercise accurately
- Quickly burns more calories and strengthens more muscle groups in less time

Light starting weights and heavy load capacities accommodates all ability levels.

## Product Dimensions L x W x H

78" x 68" x 51" / 198 cm x 173 cm x 130 cm

## Product Weight

465 lbs / 211 kg

## Warranty

TEN YEAR WARRANTY COMMERCIAL PRODUCTS - Frame Components and Welds excluding coatings

FIVE YEAR WARRANTY - Bushings, Sealed Rotating Bearings, Pulleys, Weight plates and Guide Rods excluding coatings

ONE YEAR WARRANTY - Cables, Linear Bearings and Shafts and all other components not mentioned elsewhere in this warranty

90-DAY WARRANTY - Normal wear parts including but not limited to labels, upholstered pads and grips

ONE YEAR WARRANTY - Labor

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

